

**2 Timothy 3:16-17** All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, <sup>17</sup> that the man of God may be complete, thoroughly equipped for every good work.

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**Hebrews 3:1-18, 4:1-13**

**Hebrews 3**

**Jesus Greater Than Moses**

Therefore, holy brothers and sisters, who share in the heavenly calling, fix your thoughts on Jesus, whom we acknowledge as our apostle and high priest. <sup>2</sup> He was faithful to the one who appointed him, just as Moses was faithful in all God’s house. <sup>3</sup> Jesus has been found worthy of greater honor than Moses, just as the builder of a house has greater honor than the house itself. <sup>4</sup> For every house is built by someone, but God is the builder of everything. <sup>5</sup> “Moses was faithful as a servant in all God’s house,” bearing witness to what would be spoken by God in the future. <sup>6</sup> But Christ is faithful as the Son over God’s house. And we are his house, if indeed we hold firmly to our confidence and the hope in which we glory.

**Warning Against Unbelief**

<sup>7</sup> So, as the Holy Spirit says: “Today, if you hear his voice, <sup>8</sup> do not harden your hearts as you did in the rebellion, during the time of testing in the wilderness, <sup>9</sup> where your ancestors tested and tried me, though for forty years they saw what I did. <sup>10</sup> That is why I was angry with that generation; I said, ‘Their hearts are always going astray, and they have not known my ways.’ <sup>11</sup> So I declared on oath in my anger ‘They shall never enter my rest.’” <sup>12</sup> See to it, brothers and sisters, that none of you has a sinful, unbelieving heart that turns away from the living God. <sup>13</sup> But encourage one another daily, as long as it is called “Today,” so that none of you may be hardened by sin’s deceitfulness. <sup>14</sup> We have come to share in Christ, if indeed we hold our original conviction firmly to the very end. <sup>15</sup> As has just been said: “Today, if you hear his voice, do not harden your heart as you did in the rebellion.” <sup>16</sup> Who were they who heard and rebelled? Were they not all those Moses led out of Egypt? <sup>17</sup> And with whom was he angry for forty years? Was it not with those who sinned, whose bodies perished in the wilderness? <sup>18</sup> And to whom did God swear that they would never enter his rest if not to those who disobeyed? <sup>19</sup> So we see that they were not able to enter, because of their unbelief.

**Hebrews 4:1-13**

**A Sabbath-Rest for the People of God**

Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it. <sup>2</sup> For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed. <sup>3</sup> Now we who have believed enter that rest, just as God has said, “So I declared on oath in my anger, ‘They shall never enter my rest.’” And yet

his works have been finished since the creation of the world. <sup>4</sup> For somewhere he has spoken about the seventh day in these words: “On the seventh day God rested from all his works.” <sup>5</sup> And again in the passage above he says, “They shall never enter my rest.” <sup>6</sup> Therefore since it still remains for some to enter that rest, and since those who formerly had the good news proclaimed to them did not go in because of their disobedience, <sup>7</sup> God again set a certain day, calling it “Today.” This he did when a long time later he spoke through David, as in the passage already quoted: “Today, if you hear his voice, do not harden your hearts.” <sup>8</sup> For if Joshua had given them rest, God would not have spoken later about another day. <sup>9</sup> There remains, then, a Sabbath-rest for the people of God; <sup>10</sup> for anyone who enters God’s rest also rests from their works, just as God did from his. <sup>11</sup> Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. <sup>12</sup> For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. <sup>13</sup> Nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

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## LESSON Hebrews 4:1-13

**Hebrews 4:1** Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.

**1. What is the promise in verse 1?**

**2. Why does the promise still stand?**

**3. The verse says “let us be \_\_\_\_\_ that none of \_\_\_\_\_ be \_\_\_\_\_ to have \_\_\_\_\_ of it.”**

**4. What is careful?**

**CAREFUL, adjective** [[See Care.](#)]

1. **Full of care**; anxious; solicitous. Martha, thou art *careful* and troubled about many things. [Luke 10:41](#).

2. **Provident; attentive to support and protect**; with of or for.

Thou hast been *careful* for us with all care. [2 Kings 4:13](#).

What could a *careful* father more have done. Dryden.

In present usage *careful* is generally followed by of; as, *careful* of health.

3. **Watchful; cautious; giving good heed**; as, be *careful* to maintain good works; be *careful* of your conversation.

4. **Filling with care or solicitude**; exposing to concern, anxiety or trouble; full of cares. Raised to a *careful* height. Websters 1828

5. **What are we to be careful of?**

6. **Who is the “you” in the verse?**

7. **In the verse what does falling short mean?**

**Hebrews 3:14** We have come to share in Christ, if indeed we hold our original conviction firmly to the very end.

8. **In the verse what does falling short mean?**

9. **Who else was the warning to?**

**Hebrews 4:2** For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed.

10. **Who also had the “good news” proclaimed to them, just as the Israelites in the wilderness?**

11. **What value did the good news have to the Israelites in the wilderness?**

12. **Why did the Israelites not have value in the good news?**

13. **Is just belief enough to enter God’s rest?**

14. **What else is required to enter God’s rest**

**Hebrews 4:3** Now we who have believed enter that rest, just as God has said, “So I declared on oath in my anger, ‘They shall never enter my rest.’” And yet his works have been finished since the creation of the world. <sup>4</sup> For somewhere he has spoken about the seventh day in these words: “On the seventh day God rested from all his works.” <sup>5</sup> And again in the passage above he says, “They shall never enter my rest.”

15. **In verse 3 how did “we” enter God’s rest?**

16. **What did God declare in His anger?**

**17. What is an oath?**

**OATH**, *noun* A solemn affirmation or declaration, made with an appeal to God for the truth of what is affirmed. The appeal to God in an *oath* implies that the person imprecates his vengeance and renounces his favor if the declaration is false, or if the declaration is a promise, the person invokes the vengeance of God if he should fail to fulfill it. A false *oath* is called perjury. Websters 1828

**18. What was the oath?****19. What is God's rest?**

God's rest is a state, or place, where God rules and manages his creation, free from the chaos and disorder brought about by sin and rebellion. All who will rest from their own work of bringing their own life under control can enter into God's rest.

<https://www.christianity.com/wiki/christian-life/how-can-we-enter-god-srest.html#:~:text=God's%20rest%20is%20a%20state,can%20enter%20into%20God's%20rest.&text=In%20Hebrews%204%3A1%2D11,of%20Hebrews%20discusses%20God's%20rest.>

The old Puritan commentator John Owen described five features of this rest for the believer:

- Rest means *peace with God*.
- Rest means *freedom from a servile, bondage-like spirit in the worship & service of God*.
- Rest means *deliverance from the burden of Mosaic observance*.
- Rest means the *freedom of worship according to the gospel*.
- Rest means the *rest that God Himself enjoys*.

**20. Verse 3 declares "his \_\_\_\_\_ have been \_\_\_\_\_ since the \_\_\_\_\_ of the world."****21. What day did God finish the creation of the world?****22. Verse 4 speaks of somewhere He (GOD) has spoken about the 7th day in what words?****23. What verse or verses are being referred to?**

**Genesis 2:2** And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. NKJV

**Exodus 31:17** It is a sign between me & the children of Israel for ever: for *in* six days the LORD made heaven & earth, & on the seventh day he rested, and was refreshed. NKJV

**24. Does that mean God is no longer working?**

**Isaiah 40:28** Have you not known? Have you not heard? The everlasting God, the LORD, The Creator of the ends of the earth, neither faints nor is weary. His understanding is unsearchable. NKJV

**Hebrews 4:6-7** Therefore since it still remains for some to enter that rest, and since those who formerly had the good news proclaimed to them did not go in because of their disobedience, <sup>7</sup> God again set a certain day, calling it "Today." This he did when a long time later he spoke through David, as in the passage already quoted: "Today, if you hear his voice, do not harden your hearts."

**Psalms 95:7-8** For He *is* our God, And we *are* the people of His pasture, And the sheep of His hand. Today, if you will hear His voice: <sup>8</sup> "Do not harden your hearts, as in the rebellion, As *in* the day of trial in the wilderness, NKJV

**25. What still remains for some?**

**26. What did "those" formerly have?**

**27. Why were those who formerly had the good news proclaimed to them not able to enter His rest?**

**28. What action does the warning tell the believer?**

**29. What did God do a long time ago?**

**Hebrews 4:8-11** For if Joshua had given them rest, God would not have spoken later about another day. <sup>9</sup> There remains, then, a Sabbath-rest for the people of God; <sup>10</sup> for anyone who enters God's rest also rests from their works, just as God did from his. <sup>11</sup> Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience

**30. What is the rest Joshua could have given the Israelites?"**

**Genesis 13:14-15** And the Lord said to Abram, after Lot had separated from him: "Lift your eyes now and look from the place where you are—northward, southward, eastward,

and westward; <sup>15</sup> for all the land which you see I give to you and your descendants forever. NKJV

**Exodus 23:20** “Behold, I send an Angel before you to keep you in the way and to bring you into the place which I have prepared. NKJV

**Numbers 14:8** If the Lord delights in us, then He will bring us into this land and give it to us, ‘a land which flows with milk and honey.’ NKJV

**31. Why did God speak of a later day in verse 8?**

**32. What remains for the people of God?**

**33. Why does anyone who enters into God’s rest also need a Sabbath-rest?**

**34. Verse 11 calls for us (believers) to make \_\_\_\_\_ to \_\_\_\_\_ that \_\_\_\_\_?**

**35. Why are we to make every effort to enter God’s rest?**

**36. What can keep a believer from God’s rest?**

**Hebrews 4:12-13** For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. <sup>13</sup> Nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

**37. For the \_\_\_\_\_ of God is \_\_\_\_\_ and active.**

**38. God’s word is sharper than any \_\_\_\_\_ sword?**

**39. Why is God’s word sharper than any double-edged sword?**

**40. What does verse 12 tell us God’s word does?**

**41. Why does God’s word judge the thoughts and attitudes of the heart?**

**Jeremiah 17:9** The heart is deceitful above all things, and desperately sick; who can understand it?

**Matthew 15:18-20** But those things which proceed out of the mouth come from the heart, and they defile a man. <sup>19</sup> For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies. <sup>20</sup> These are *the things* which defile a man, but to eat with unwashed hands does not defile a man.” NKJV

**42. In verse 13 what is hidden from God's sight?**

**43. What is uncovered when God looks at us?**

**44. What happens when everything is laid bare before the eyes of God?**

**45. Are you prepared to have everything uncovered and laid bare?**

**Questions, thoughts, comments?**